



# Crohn's Disease Patient Assessment Sheet<sup>1</sup>

This assessment is designed to gauge the progress of your patient with Crohn's Disease.

Patient Name: ..... File No: ..... Date: .....

Crohn's Disease Activity Index (CDAI)		
<b>1</b>	Number of liquid or very soft stools in one week Day <input type="text" value="1"/> <input type="text" value="2"/> <input type="text" value="3"/> <input type="text" value="4"/> <input type="text" value="5"/> <input type="text" value="6"/> <input type="text" value="7"/>	Total for 1 week <input type="text"/> x 2 = <input type="text"/>
<b>2</b>	Sum of daily "abdominal pain" ratings over 7 days 0 = None, 1 = Mild, 2 = Moderate, 3 = Severe Day <input type="text" value="1"/> <input type="text" value="2"/> <input type="text" value="3"/> <input type="text" value="4"/> <input type="text" value="5"/> <input type="text" value="6"/> <input type="text" value="7"/>	Total for 1 week <input type="text"/> x 5 = <input type="text"/>
<b>3</b>	Sum of daily "general well-being" rating over 7 days 0 = Well, 1 = Slightly below par, 2 = Poor, 3 = Very poor, 4 = Terrible Day <input type="text" value="1"/> <input type="text" value="2"/> <input type="text" value="3"/> <input type="text" value="4"/> <input type="text" value="5"/> <input type="text" value="6"/> <input type="text" value="7"/>	Total for 1 week <input type="text"/> x 7 = <input type="text"/>
<b>4</b>	Findings presumed related to Crohn's Disease Select each set corresponding to patient's symptoms. Score 1 for each category present.  a. Arthritis or arthralgia b. Iritis or uveitis c. Erythema nodosum, pyoderma gangrenosum, aphthous stomatitis d. Anal fissure, fistula or peri-rectal abscess e. Other bowel-related fistula f. Febrile (fever) episode over 100°C during past week	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> Total Score <input type="text"/> x 20 = <input type="text"/> (Max = 6)
<b>5</b>	Taking Lomotil® or opiates for diarrhoea No = 0, Yes = 1	<input type="text"/> x 30 = <input type="text"/>
<b>6</b>	Abnormal Mass 0 = None, 2 = Questionable, 5 = Definite	<input type="text"/> x 10 = <input type="text"/>
<b>7</b>	Haematocrit (Typical – Current) Normal Average: Male = 47, Female = 42 Male <input type="text" value="47"/> - <input type="text"/> Female <input type="text" value="42"/> - <input type="text"/>	= <input type="text"/> x 6 = <input type="text"/> Difference
<b>8</b>	Weight Factor (Kg) Standard weight – Actual body weight _____ Standard weight	<input type="text"/> - <input type="text"/> <input type="text"/> = <input type="text"/> x 100 = <input type="text"/>
		<b>CDAI Total</b> <input type="text"/>